

KNOW YOUR POWER

READING EYE CHART

For Selecting the Proper Strength of reading glasses also consider the size of print you most read

The reading chart below should be approximately 5 inches wide.

To determine your strength of reading glasses

From a distance of about **14 inches** (or about the distance you plan on using your readers) **without glasses** Use the chart below. The first line you have difficulty reading has a lens strength to the right of it.

	Line	Strength
If this line is difficult to read, use	1	+4.00
If this line is difficult to read, use	2	+3.25
If this line is difficult to read, use	3	+2.75
If this line is difficult to read, use	4	+2.50
If this line is difficult to read, use	5	+2.25
If this line is difficult to read, use	6	+2.00
If this line is difficult to read, use	7	+1.75
If this line is difficult to read, use	8	+1.50
If this line is difficult to read, use	9	+1.25

Attention: Ready-to-wear non-prescription reading glasses are not intended to replace those prescribed by an eye doctor. Regular eye exams by a doctor is recommended to determine your vision needs and eye health status. This is meant to help you determine if reading glasses would be useful in your case.